

SALT BATH RECIPE/ PROTOCOL

Below is the recommended salt bath recipe to use in conjunction with EESystem sessions to assist in detoxification (within 24 Hrs. after)

- * 2 Cups Sea Salt
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- * 2 Cups Baking Soda
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- * 1 Cup Mule Team Borax

Optional to Add:

- * Add Pine Oil or other essential oils
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- * 2 Teaspoons - 1/4 Cup of Ginger Powder
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- * 2 Teaspoons - 1/4 Cup of Matcha Green Tea
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- * 1/2 Cup of Bentonite Clay

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